

- Anger and verbal abuse unless you have sex
- Reduces physical abuse if you have sex more often
- Uses religious beliefs to pressure you into sex
- Withholds money, groceries, toiletries unless you have sex
- Performs sexual acts while you're sleeping (even if you wake up)
- Forces sexual acts you don't want (even if the encounter was consensual)
- Threatens to use porn, sex chat websites, strip clubs, or prostitutes if you don't have sex
- Lies about a sexual addiction (e.g., porn, sex chat websites, strip clubs, or prostitutes) to get you to consent to sex

Intimate Partner Abuse (IPA):

A pattern of coercive control (ongoing actions or inactions) that proceeds from a mentality of entitlement to power, whereby, through intimidation, manipulation and isolation, the abuser keeps his* target subordinated and under his control.

-A Cry For Justice

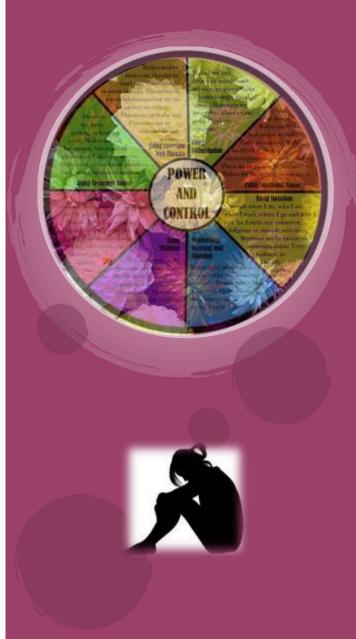


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Coercive Control and Sex



Developed by the Domestic Abuse Intervention Project in Duluth, Minnesota, the Power and Control Wheel Bustrates the factics an abuser uses on their victim. Constantly surrounded by threats and/or actual physical and sexual abuse, the victim is subjected to the various factics listed in the spokes as the abuser attempts to *adapted by Jen Snider to be gender neutral and with slight exert complete power and control. modifications not included in the original

> Makes and/or carries out threats to hurt me: Threatens to commit suicide; Threatens to report/embarrass/out me to an agency or others; Threatens to leave me: Prevents

Pressures me to me from commit illegal getting or keeping a job; Makes me ask **Using Coercion** for money; Gives me an allowance; Takes my money; Refuses to let me know about or have access to shared income.

Using Economic Abuse

Using Privilege

Treats me like a servant; Acts like the "head of the household": Makes all the big decisions: Defines each person's role in the relationship; Uses gender, race, class, etc.

> stereotypes against

Makes me feel guilty about the children; Uses the children to relay messages: Uses visitation to harass me; Threatens to take the children

Makes me feel afraid or unsafe with actions, gestures, looks; Throws things; Breaks things; Damages my property; Abuses your pets; Displays

Using Intimidation

POWER AND CONTROL

actions.

And Threats

Using

Children

away.

Minimizing. **Denying and** Blaming

Makes light of the abuse: Doesn't take my concerns seriously; Denies abuse ever happened; Shifts blame for the abuse to me by saying I caused it.

weapons.

ad about myself: alls me names; Makes me think I am crazy.

misinterpreting or over-reacting: Plays mind games; Humiliates me; Makes me feel guilty or ashamed.

me down:

Makes me feel

Using Emotional Abuse

Using Isolation

Controls what I do, who I see, what I read, where I go and who I talk to; Limits my volunteer, religious or outside activities;

Monitors my behavior and communication; Uses jealousy to justify

actions.



Sexual Assault & Betrayal (cont.)

- Shares explicit images of you or fails to protect them from being shared
- Insists on rough sex (even with consent, insisting on rough sex can be a red flag for future assault)
 - This includes choking!
- Disregards your expressions of pain to continue with sex

Reproductive Coercion

- A form of IPA; woman's partner denies her the freedom of choice to achieve or avoid conceiving
- If pregnant, partner may attack the woman in an effort to kill her fetus or threaten her if she does not get an abortion
- Seeking an abortion is a red flag that reproductive coercion has likely occurred
- If a woman feels endangered by physical violence from her partner, she is willing to travel significantly farther to obtain an abortion